



BIRCHWOOD PARK

GOLF & COUNTRY CLUB



BREAKFAST MENU



Welcome, we have a great selection of tasty breakfasts for you to choose from. Whether you choose to savour a light bite with a coffee, or tuck in to something more substantial - we look forward to serving you today...

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**FULL ENGLISH BREAKFAST\*** 1235Kcal **£13.50**

Two rashers of back bacon, Cumberland sausages, hash brown, grilled tomato, two fried eggs, flat mushroom, baked beans & toast

**VEGETARIAN BREAKFAST\* (V)** 920Kcal **£12.00**

Vegan sausages, grilled tomato, hash brown, two fried eggs, flat mushroom, crushed avocado, baked beans & toast

**VEGAN BREAKFAST\* (VE)** 803Kcal **£12.25**

Vegan sausages, grilled tomato, hash brown, flat mushroom, crushed avocado, baked beans with a slice of ciabatta

**SMALL BREAKFAST\*** 665Kcal **£9.75**

Cumberland sausage, bacon, baked beans, fried egg, flat mushroom & toast

**SMOKED SALMON & SCRAMBLED EGGS\* (GF)**  
428Kcal **£11.50**

Oak smoked Scottish salmon with scrambled eggs

**EGGS BENEDICT\*** 535Kcal **£9.50**

Toasted muffin, British honey roast ham, poached eggs & Hollandaise sauce

**EGGS ROYALE\*** 584Kcal **£11.50**

Toasted muffin, oak smoked Scottish salmon, poached eggs & Hollandaise sauce

**CRUSHED AVOCADO & POACHED EGGS\* (V)** 530Kcal **£9.75**

Poached eggs set on crushed avocado & red onion, served on toasted ciabatta

We pride ourselves in only serving free-range eggs in our dishes



**BREAKFAST EXTRAS**

\*ADD ONE OR MORE OF THE FOLLOWING TO YOUR COOKED BREAKFAST...

**£2.25**

Cumberland sausage 233Kcal  
Back bacon 120Kcal  
Crushed avocado 86Kcal  
Eggs (scrambled 66Kcal, poached 66Kcal, or fried 90Kcal)

**£1.00**

Baked beans 1111Kcal  
Toast 94Kcal  
Hash brown 116Kcal  
Grilled tomato 22Kcal  
Flat mushroom 17Kcal

**SANDWICH £6.50**

With bacon 490Kcal  
or Cumberland sausage 716Kcal  
or vegan sausage 470Kcal



**FLOURED BAP £6.50**

With bacon 511Kcal  
or Cumberland sausage 737Kcal  
or vegan sausage 491Kcal

UPGRADE TO CIABATTA BREAD 304Kcal FOR £2.25

**TOAST £5.75**

WITH YOUR CHOICE OF ANY ONE OF THE FOLLOWING

Baked beans 361Kcal / Flat mushroom 278Kcal  
/ Crushed avocado 421Kcal / Cheddar cheese 432Kcal  
/ Scrambled egg 423Kcal / Fried egg 471Kcal /  
Poached egg 423Kcal / British honey roasted ham 285Kcal

**TOAST WITH JAM (V)** 355Kcal **£3.10**

**TOASTED TEA CAKE (V)** 418Kcal **£3.25**

**PORRIDGE (V)** 472Kcal **£5.25**

Topped with seasonal berries and your choice of honey, golden syrup or maple syrup

THE CAFÉ <b>LAVAZZA</b> <small>TORINO, ITALIA, 1895</small>	REGULAR	LARGE
Americano	<b>£2.80</b> 5Kcal	<b>£3.05</b> 10Kcal
Cappuccino	<b>£3.20</b> 109Kcal	<b>£3.60</b> 154Kcal
Café Latte	<b>£3.20</b> 109Kcal	<b>£3.60</b> 154Kcal
Macchiato	<b>£3.20</b> 109Kcal	<b>£3.60</b> 154Kcal
Espresso	<b>£2.65</b> 5Kcal	<b>£2.85</b> 10Kcal
Hot Chocolate	<b>£3.20</b> 268Kcal	<b>£3.60</b> 308Kcal
English Breakfast Tea	<b>£2.65</b> 0Kcal	<b>£4.15</b> 0Kcal
Herbal Tea (Earl Grey, Camomile, Peppermint, Green tea, Red bush, Jasmine, Lemongrass & ginger)	<b>£3.00</b> 0Kcal	<b>£4.15</b> 0Kcal

ADD A TOASTED TEA CAKE (V) 251Kcal  
TO YOUR HOT DRINK FOR JUST £2.50

\*ADD A GLASS OF EAGER FRESH JUICE 81Kcal  
FOR JUST £2.50  
WITH EVERY COOKED BREAKFAST PURCHASE.  
(VARIETY OF FLAVOURS AVAILABLE)

All our dishes may contain traces of nuts and other allergens. Please advise your server if you have any allergies. Full written allergy and intolerance information is available.  
Adults need around 2000 Kcal a day

(V) Vegetarian (VE) Vegan  
(GF) Gluten Free

