

All our dishes may contain traces of nuts and other allergens. Please advise your server if you have any allergies. Full written allergy and intolerance information is available. ADULTS NEED AROUND 2000KCAL A DAY

# **BIRCHWOOD RANGE BAR**

-BAPS/ROLLS	LIGHT BITES & SID
SAUSAGE ROLL 502Kcal £3.95 STEAK SLICE 502Kcal £3.95 BACON BAP 479Kcal	NACHOS (V) 886Kcal Topped with melted cheese, jalapeños, red onion, peppers, soured crear guacamole & salsa - Add Mexican beef chilli (103Kcal) for an extra £2.5 VEGAN NACHOS (VE) 776Kcal Topped with vegan cheese, jalapeños, red onion, peppers, guacamole & salsa - Add 3 bean chilli (84Kcal) for an extra £2.50 CHICKEN GOUJONS & CHIPS 535Kcal
£6.50 SAUSAGE BAP 521Kcal	MAC'N CHEESE BITES (v) 393Kcal
PANINIS	BRIE & MANGO FILO PARCELS 217Kcal Served with cranberry sauce ASPARAGUS FRITTER (V) 392Kcal
MEXICAN CHICKEN 762Kcal £8.75	Served with garlic mayonnaise LOADED CHEESY CHIPS 855Kcal Topped with melted cheese, peppers, onions & sweet chilli sauce Vegan option available
BRITISH HONEY ROAST HAM & CHEDDAR CHEESE 586Kcal £8.00	FOUR CHEESE BAGUETTE PIZZA (V) 284Kcal SWEET POTATO FRIES (V) 429Kcal
TOMATO, BUFFALO MOZZARELLA (V) 593Kcal £8.00	ONION RINGS (V) 292Kcal CHIPS (V) 519Kcal Add cheddar cheese (203Kcal) or bacon (120Kcal) for an extra £2.25
11" Sourdough pizzas smothered with tomato sauce & topped with your choice of: MARGHERITA (V) 882Kcal	BURGER BAR BACON & CHEESE BURGER 908Kcal
Mozzarella with tomato sauce	Beef burger in a toasted brioche bun with bacon, cheese,

#### £13.00

PEPPERONI 1140Kcal Mozzarella & pepperoni £14.00

MEXICAN CHICKEN 1096Kcal Mozzarella, spicy chicken, red onions, peppers & jalapeños £14.00

MEAT FEAST 1381Kcal Mozzarella, pepperoni, chicken, bacon & sausage

#### £16.00

GARDEN (V) 906Kcal Mozzarella, red onions, peppers, tomatoes, mushroom & sweetcorn £14.00

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NACHOS (V) 886Kcal Topped with melted cheese, jalapeños, red onion, peppers, soured cream, guacamole & salsa - Add Mexican beef chilli (103Kcal) for an extra £2.50	£8.50
VEGAN NACHOS (VE) 776Kcal Topped with vegan cheese, jalapeños, red onion, peppers, guacamole & salsa - Add 3 bean chilli (84Kcal) for an extra £2.50	£8.50
CHICKEN GOUJONS & CHIPS 535Kcal	£8.50
MAC'N CHEESE BITES (v) 393Kcal	£7.00
BRIE & MANGO FILO PARCELS 217Kcal Served with cranberry sauce	£7.50
ASPARAGUS FRITTER (V) 392Kcal Served with garlic mayonnaise	£6.50
LOADED CHEESY CHIPS 855Kcal Topped with melted cheese, peppers, onions & sweet chilli sauce Vegan option available	£6.00
FOUR CHEESE BAGUETTE PIZZA (V) 284Kcal	£5.50
SWEET POTATO FRIES (V) 429Kcal	£4.50
ONION RINGS (V) 292Kcal	£4.10
CHIPS (V) 519Kcal Add cheddar cheese (203Kcal) or bacon (120Kcal) for an extra £2.25	£4.10

Beef burger in a toasted brioche bun with bacon, cheese, baby gem lettuce, mayonnaise, tomato & gherkins	
BUTTERMILK CHICKEN BURGER 792Kcal Buttermilk chicken in a toasted brioche bun with baby gem lettuce, mayonnaise, tomato & gherkins	£11.50
VEGAN BURGER (VE) 638Kcal Vegan Moving Mountains burger in a vegan bun with vegan cheese, vegan mayonnaise, tomato, red onion & gherkins	£11.50
GRILLED HALLOUMI & ROAST PEPPER BURGER (V) 776KcaL Grilled halloumi topped with pepper in a toasted brioche bun with baby gem lettuce, mayonnaise & tomato	£11.50

LAMB & MINT BURGER 945Kcal Lamb & mint burger in a toasted brioche bun with baby gem lettuce, tomato & yoghurt mint sauce

Add chips 260Kcal to your burger for an extra £ 2.50

## LAGER & CIDER Pint SOFT DRINKS

BIRRA MORETTI 4.6%	£6.30	COCA-COLA 112KCAL/239KCAL	£1.95	
CRUZCAMPO 4.4%	£5.95	DIET COKE 1KCAL/2KCAL	£1.95	£3.50
GUINNESS DRAUGHT 4%	£6.30	LEMONADE 30KCAL/63KCAL	£1.95	£3.50
	Bottle	ORANGE JUICE 117KCAL/233KCAL	£2.60	£3.50
BULMERS 568ml 4.5%	£5.20	APPLE JUICE 128KCAL/256KCAL	£2.60	£3.50
BULMERS RED 568ml 4.5%	£5.40	APPLETISER 275ml	£3.60	
OLD MOUT CIDER 500ml 4%	£5.50	FRUIT SHOOT 275ml	£2.20	
HEINEKEN 275ml 5%	£4.15	FROBISHERS 275ml	£3.25	
HEINEKEN 0 275ml 0%	£3.40	SUSTAINABLE WATER BOX 500ml	£1.60	
SOL 330ml 4.2%	£4.15	TONIC & SLIMLINE TONIC 200ml	£2.40	
DESPERADOS 330ml 5.9%	£4.50	RED BULL 250ml	£2.95	

#### **SPIRITS** LAVATIA 25ml HOT DRINKS **BACARDI 40%** £3.50 **CAPTAIN MORGAN 40%** £3.70 AMERICANO 5KCAL/10KCAL £2.80 £3.05 **JACK DANIEL'S 40%** £4.00 LATTE 109KCAL/154KCAL £3.20 £3.60 **GORDON'S 37.5%** £4.00 CAPPUCCINO 109KCAL/154KCAL £3.20 £3.60 £4.00 **SMIRNOFF 37.5%** HOT CHOCOLATE 268KCAL/308KCAL £3.20 £3.60 £4.10 **COURVOISIER 40%** ENGLISH BREAKFAST TEA OKCAL £2.65 HERBAL TEA OKCAL £3.00

### WINE

WHITE Pinot Grigio Farfalla 12% Cuvée Rousson 11.5% Louis Eschenauer Sauvignon Blanc 12%	175ml £6.25 £6.00 £6.75	250ml £8.50 £8.25 £9.25	Bottle £24.00 £23.00 £25.75
ROSÉ Grenache Rosé, Cuvée Rousson12.5%	£6.00	£8.25	£23.00
RED Syrah Red, Cuvée Rousson 12.5% Primisoli, Merlot 12% wine by the glass is also available	£6.00 £6.25 E IN 125ML		£23.00 £24.00

### **PROSECCO**

	Bottle
Famiglia Botter 70d 11%	£33.00
	200ml
Mini Famiglia Botter	£8.50

£11.50

£11.50

# TRACKMAN PLAY • PRACTICE • SOCIALISE